

WEARETHE

## IF YOU ARE SELF-ISOLATING. WE CAN HELP!

WE HAVE VOLUNTEERS IN STANDLAKE & BRIGHTHAMPTON READY TO HELP.

CALL THE HELP HOTLINE:

01280 360040

THIS WILL BE ANSWERED BY ONE OF THE STANDLAKE VOLUNTEERS GROUP AND IS A LOCAL CALL CHARGE

DROP US AN EMAIL AT:

## **VOLUNTEERS@STANDLAKE.COMMUNITY**

VISIT THE WEBSITE FOR MORE INFORMATION:

## HTTPS://STANDLAKE.COMMUNITY

IF YOU ARE SELF ISOLATING DUE TO COVID-19 WE CAN HELP WITH:

> PICKING UP SHOPPING OR PRESCRIPTIONS

> > **NEWSPAPERS**

A FRIENDLY PHONE CALL

POSTING MAIL

DOG WALKING

(OR ANYTHING ELSE IF POSSIBLE)

JUST CALL OR EMAIL US AND WE WILL DO OUR BEST TO HELP YOU (FOR FREE!)

CORONAVIRUS IS CONTAGIOUS. PLEASE TAKE EVERY PRECAUTION TO ENSURE YOU ARE SPREADING ONLY KINDNESS. AVOID PHYSICAL CONTACT (2M DISTANCE). WASH YOUR HANDS REGULARLY. ITEMS SHOULD BE LEFT ON YOUR DOORSTEP. **#VIRALKINDNESS** 



