



## **WINDRUSH PATIENTS' NEWSLETTER November-December 2024**

Welcome to the latest Windrush Patients' Group Newsletter:  
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### **The new appointment system:**

Significant progress has been achieved with the new system. It should be noted that the new process is **ONLY** for Doctor appointments. Remember, you can still call the Practice for appointments if you are not able to use a computer/tablet/mobile phone.

The latest update is that in partnership with Witney Library there will be help available with IT/Computer/Tablet/Phone issues relating to the online service.

The help is exclusively to patients of the Windrush who require some help or assistance with either NHS app/Engage Consult. The first two dates for these are **12 November** and **10**

**December** and bookings should be made through Witney Library.  
(01993 703659)

### **RSV Vaccine:**

Vaccine clinics will not be opening until the practice receives RSV supplies which are due mid November. Please be aware that if you are eligible for the RSV vaccine the practice will contact you on how to book an appointment.

### **Clinical trial: NOVA 301 (Norovirus)**

Researchers at the Windrush Medical Practice along with Eynsham Medical Group are recruiting participants to help examine if the vaccine could protect adults against the seasonal infection. Information on all research at the practice can be found on Windrush Medical Practice website.

### **Flu and Covid Vaccinations**

The practice report that they have had highly successful vaccination sessions over October and November. All credit to the great team of vaccinators and practice marshalls for their dedication to getting the job done. So many folk commented how smoothly and efficiently the “queues” went. Thank you all.

### **Windrush Dispensary:**

Wastage is still a constant drain on NHS resources. Please ensure that the medication you request is still needed and required.

### **Pharmacy Opening Hours in Witney over Christmas**

**Boots Deer Park:** Normal hours other than closed Christmas Day, Boxing Day and New Years Day.

**Boots High St:** Normal hours other than closed Christmas Day, Boxing Day open 10am – 4pm  
New Years Day open 10am – 4pm

**Allied Pharmacy:** Normal hours other than closed Christmas Day, Boxing Day and New Years Day.

**Witney Pharmacy:** Normal hours other than  
Christmas Day open 2pm – 5pm  
Boxing Day open 2pm – 5pm  
New Years Day open 2pm – 5pm

***\*\*Please ensure you have enough of your medication to cover the Christmas and New Year holidays.\*\****

If you are a housebound patient that currently has their prescription delivered to them from the Windrush Dispensary, please be aware you will be receiving a notice which explains a change to this service from 1 February 2025.

### **Exercise classes available:**

MOVE together is a county-wide pathway into physical activity. They focus on people who are living with long-term health conditions along with those that could benefit from moving more to support their well-being. The website is [Activeoxfordshire.org](http://Activeoxfordshire.org) and has lots information on there on how you can access.

### **Witney Community Meal:**

This is held at the Witney Methodist Church every Thursday evening and is open from 5-6.30pm. Everyone is welcome and the food is a pay as you feel. Any donation (or not) is appreciated. This is a great opportunity to not eat alone and have a lovely meal with others.

## **General Information and Updates:**

### **Windrush Medical Practice Garden**

Garden activity continued throughout the year with the planting of a special tree in memory of Dr May.

Volunteers always welcome and as we shut down for the Winter we welcome you all back for Spring on the 1<sup>st</sup> Sunday in February, and thereafter the 1<sup>st</sup> Sunday each month throughout the year.

Carol Mitchell is the team lead and a wonderful caring gardener for the practice.

### **Message from your PPG Committee**

To members of Windrush Medical Practice PPG (Patients' Participation Group)

After many years of sterling and active work with the PPG at Windrush practice, our loyal friend Maddy Radburn, has decided to step back from the Committee and has handed over the reins to a new team.

Maddy and husband John have been an amazing working partnership, particularly during Covid and the vaccine queues! We do thank them so much for all they've done.

In addition, some others on the committee have reached their end of term of office or have stepped down for other reasons. We thank them all and wish them well in the future.

In order to keep in touch electronically, PPG can no longer operate under the old NHS account so we have a new email address which we can use. If you would like to receive updates and newsletters via email in future, please email us to add yourself to the list.

We have a new e-mail address to contact the Patient Group it is

**PPGWindrush@gmail.com**