

General information

Please note:

All services remain open in the Windrush Health Centre during the building works, due to complete during the Summer.

The practice thanks the patients for being considerate with the loss of parking.

The Witney Pharmacy is operating as normal despite the building work, however there is no public parking!!

The surgery is planning to have a new stop smoking service coming into the practice once a week - hopefully commencing in February 2025.

In addition we have been told of a new social prescribing initiative coming up. The practice is working with Age UK to promote this – more information will be coming up soon.

New members to the PPG are always welcome!
Also, any willing volunteers out there to help maintain the gardens?

We have a new e-mail address to contact the Patients' Group it is

PPGWindrush@gmail.com

It would be great to hear from you.



PPGWindrush@gmail.com



www.windrushmedicalpractice.co.uk

WINDRUSH PATIENTS'

NEWSLETTER

January - February 2025



Welcome to the latest Windrush Patients' Group Newsletter:

In this issue:

- New GP's
- Weight loss clinical study
- Patients' Choice award 2025
- Companionship Cafe
- Charity fundraiser for Silver Star
- General information and updates

Practice News

We are pleased to announce that the practice now has two new GP's from January so a big welcome to Drs Camilla Barber and Andrea Lewis.

Patients' Choice Award 2025 – nominations window now open!

Members of the public and patients are invited to nominate a member of staff or a team who has gone the extra mile to provide outstanding care at Oxford University Hospitals (OUH).

The **Patients' Choice Award 2025** is the opportunity for patients, their families and carers to say a special 'thank you' to the staff they feel have made a real difference during their time in our hospitals or GP practices and therefore deserve recognition.

Nominations are invited from now until Sunday 16 February 2025 as part of our Staff Recognition Awards 2025 which also include categories to enable staff to nominate their colleagues.

Nominations of teams and individual members of staff are welcomed from patients, as well as their families and carers, across our four main hospitals - the John Radcliffe Hospital, Churchill Hospital and Nuffield Orthopaedic Centre in Oxford, and the Horton General Hospital in Banbury - and a wide range of services which our staff provide from other community settings.

The nominations window is open until 12 midnight on Sunday 16 February 2025.

The new Weight Loss Drug clinical study:

The practice is currently recruiting participants to take part in a clinical study researching the effectiveness of a new weight loss drug. The study is being led by Dr Nick Thomas (one of our GPs). The medication is called AZD5004 and would be effective and safe for overweight patients to help reduce their weight. The medication works by making you feel less hungry and more full for a longer period after eating – reducing the drive to eat.

This medication works by making you feel less hungry and fuller after eating for a longer period, therefore reducing the drive to eat. If you are overweight with at least one weight-related medical condition, or if you are living with obesity and interested in taking part, then you can find links to the relevant information on the Windrush website. Alternatively you can ring the research staff on 01993 862157 or email bobich-ox.research.windrushmp@nhs.net

NB: you do not have to be a Windrush patient to take part in this study.

The Companionship Cafes are back:

When? The second Wednesday of each month;
What time? 10 am to 12 noon.
Where? Bethany Room, Witney Methodist Church in the High Street.

Are you an older adult, looking for connections, creativity and friendship? Then these cafes will be the answer. And what is more, they are free and provide refreshments too!

Why not pop along? The next one is on Wednesday 12th February (then the 12th March, 9th April, etc)

If you would like more information then just ring 01865 841362 or you can email Beverley.wright@homeinsteadoxford.co.uk

Support our charity fundraiser for Silver Star, JR Hospital.

Hattie Clay (Practice Manager), Dr Alex Pora (GP) and Dani Bates (Facilities Manager) will be running the 2025 London Marathon on 27 April 2025 for The Oxford University Hospitals Charity Silver Star Maternity Fund in memory of Dr May McCrae, a much loved friend and colleague, who sadly passed away on 28 February 2024 after a short illness.

Before she died, May delivered a beautiful baby boy at 29 weeks. Throughout this period, May and her husband Joe were supported by Silver Star, and May wanted to give something back for all of the support her family had received.

Our goal is to raise £10,000 for this amazing charity,

Please consider donating, and we thank you all for your support TO DONATE: Visit:

<https://www.justgiving.com/page/wmplondonmarathon2025>

Or speak to a member of our patient services team.

Thank you!!

Windrush Dispensary - new system from end Feb 2025

The dispensary are changing their software to a new system called Titan which will allow the dispensary to use EPS for dispensing patients. During the implementation and training there may be a small disruption to the normal delivery of our dispensing services while we cross over.

Please can patients bear with us, it should only be for a small time period.